The Shalem Fund - For Development of Services for People with Intellectual Disabilities in the Local Councils

Olam Shalem – An Update on the Shalem Foundation's Activities

Issue No. 4, September 2016

Dear Friends and Partners,

Rosh Hashana, the Jewish New Year, is a time to look back on the past year and reflect upon our activities, resources and impact. We are striving to transform Israeli society into a community where there is a place for everyone, including people with Intellectual and Developmental Disabilities (IDD).



So it is with pleasure and pride that I send you this newsletter about the work of another eventful year for the Shalem Foundation.

Following a strategic needs assessment with local authorities all over Israel, we extended our resource allocation for high-impact social enterprises in the geographical and social peripheries. We have also broadened our support for community and sports activities.

One of our main aims has been to make information and knowledge of IDD widely and easily accessible. For this reason, I invite you to visit our website and watch the video clips created both by people with IDD and by academic researchers. The newsletter includes some recent research findings that we believe will have real impact over the coming year.

On a personal note, the Jewish holiday season gives me the opportunity to contact the many partners in our work, all of whom share the core values of inclusivity, independence, and improving quality of life for people with IDD in the community and, by so doing, creating a better society for everyone.

Shana tova — Happy New Year! Yours, Riva

> Shana Tova and a Happy New Year from Keren Shalem! May all people with differing abilities, Have an abundance of opportunities for growth, development and quality of life.

We would like to congratulate our CEO – Riva Muskal for receiving A personal award for her pubic and social activities and promotion of welfare in Israeli society. The award was given by the Association of Social Workers in Israel on the 7th of September 2016.

We are all proud and honored to be working with you!

Chaim Gaash, Chairman and the Shalem Team



Israel's first training kitchen for children with special needs is established at the Taf Lataf School

A modern training kitchen — the first of its kind in Israel — has been built at the Taf Lataf School for children with special needs.

Pupils who work in this kitchen, which is specially adapted to their needs, learn the cooking skills that they will need in order to live independently as adults. In addition, they receive training for future employment, learn motor and language skills, and basic ADL (activities of daily living) skills.



For more information <u>click here</u>

The Shalem Foundation assists with building, renovating and equipping of institutions for those with intellectual disabilities in the community



Impressions of the play *Simple Dreams* at the training seminar of the Noam Zionist youth movement and at the Conservative Movement's Adraba Center for Children with Disabilities

Some 300 members of the Israeli Conservative (Masorti) Movement's youth movement, Noam, attended the play Simple Dreams as part of their training program, after a day of learning about the integration of children and youth with IDD into mainstream environments. The issues the participants dealt with that day included the definition of

"Normal," the definition of the term "disability," and the question of whether people with IDD were left out of mainstream environments. After the play, the cast and the seminar participants had a discussion, followed by the lighting of the Hanukkah candles and dinner.

For more information <u>click here</u> To watch a short film about the play <u>click here</u>

The Shalem Foundation supports the dramatic arts and theater productions of people with developmental and intellectual disabilities

"Look at Me!" A program for increasing self-awareness as to outward appearance among people with IDD

Together with the Social Welfare and Social Services Ministry, the Shalem Foundation is launching a unique project to increase awareness of the outer appearance of people with IDD. The project's goals include encouraging the public to see people with IDD as equals, enable people with IDD to integrate into the job market and improve their self-image. The project, which is headed by an image and personal branding consultant, is being funded by the Shalem Foundation.



For more information <u>click here</u>

For a short video about the project click here

The Shalem Foundation operates unique training and instructional programs for professionals working in the field of developmental intellectual disabilities

Shalem Foundation courses in academia

The Shalem Foundation funds high-level academic courses on IDD-related issues at Israel's top universities. Overviews of three such courses follow. One course, in architectural issues for people with IDD, is offered at the Technion's Architecture and Town Planning Faculty. Another, on intervention methods for people with IDD and their families, is offered at the Paul Baerwald School of Social Work and Social Welfare at the Hebrew University in Jerusalem. A third, on issues in the study of disabilities and their implications for people with IDD and their families, is offered at the Hebrew University's School of Medicine. A special brainstorming session on feeding people with IDD

A brainstorming session on feeding people with IDD was held in July at the Beit Doron Cultural Center in Ramat Gan. The session, which took place in a roundtable format, was led by a member of the AWARE institute and attended by representatives of the Social Affairs and Social Welfare Ministry. The recommendations resulting from the session will be applied in places where people with IDD are fed, so as to make life easier for both the caregiving teams and the recipients of their services.

For more information <u>click here.</u>

For more information <u>click here</u>.



Professional Study Tour for Social Services Coordinators

A group of social workers employed As coordinators of services for individuals With intellectual and development Disabilities (IDD) went to the United Kingdom for a study tour in June. The participants — who are from the social service departments of local authorities in Israel, as well as from London and Leeds — had the opportunity to share their



knowledge and experiences and learn about services provided elsewhere in the world for people with IDD.

The tour was a project of the Shalem Foundation, which provided the funding. For more information <u>click hear</u>

Shalem Know-How: The first conference dedicated to presenting studies conducted with the assistance of the Shalem Foundation

The Shalem Foundation held its first special day-long conference in June to present research papers in the field of intellectual and development disabilities. The presenters included professors from Israel's universities and professionals in the field. Among the topics addressed were verbal violence aimed at people with IDD who live in special housing; reasons for singlehood among people with IDD and Down syndrome; parental perceptions of the sexuality of men and women with IDD; and the criminal responsibility of sex offenders with IDD.

To read more about the conference and to watch the video of the presentation click hear

Assessment of Facebook usage patterns in light of the needs of people with intellectual disabilities

Carmit-Noa Shpigelman, Ph.D, University of Haifa, 2015

This groundbreaking study, which probes the use of Facebook by people with intellectual disabilities, found that Facebook use is generally beneficial to people with ID. They use Facebook as most people do: to maintain relationships, share things of interest to them, and obtain information. Most of them used Facebook safely, but some had difficulty with online safety issues. This study can serve as a basis for developing training and support programs that will make the information on Facebook more



accessible to people with ID.

For more information <u>click here</u> To watch a short film about the research <u>click here</u> The Shalem Foundation supports innovative research in the field of intellectual and developmental disabilities.

Anchor for Life — Sea Scouts; A Sailing Competition on the Yarkon River; Community Social Projects

Just like everyone else: interviews with our most

Meet charming ten year old Eti from Holon; she loves

to play with puzzles and to hear music. Her favorite food is pasta and she wants to become a police officer

To meet Eti and hear about her life and



For more information <u>click here</u>

For a video of the competition <u>click here</u>

precious partners.

when she grows up.

experiences **Click here**

The Shalem Foundation supports social initiatives in peripheral areas of the country that enable people with developmental intellectual disabilities to be integrated in social activities

Anchor for Life — Sea Scouts has partnered with Israel's Sea Scouts to teach maritime skills to young people with developmental intellectual disabilities during the school year. During the program, participants develop their inner strengths and social skills. The year ends with a sailing competition on the Yarkon River that brings joy to the participants and their parents, as well as the program's staff and volunteers.

Music and future police officer



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